

frT sebas User Guide

Foreskin Restoration Turkey (frT)



frT sebas is a restoration device that applies bi-directional vertical tension to the penis skin. The package contains 9 different pieces.

– What's includes? –



Lower cone



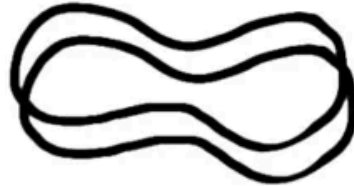
Protective cap



Screw



Softener rubber



Thin rubber



Transparent holder



Thick rubber



sebas T3 cone

Metal bars



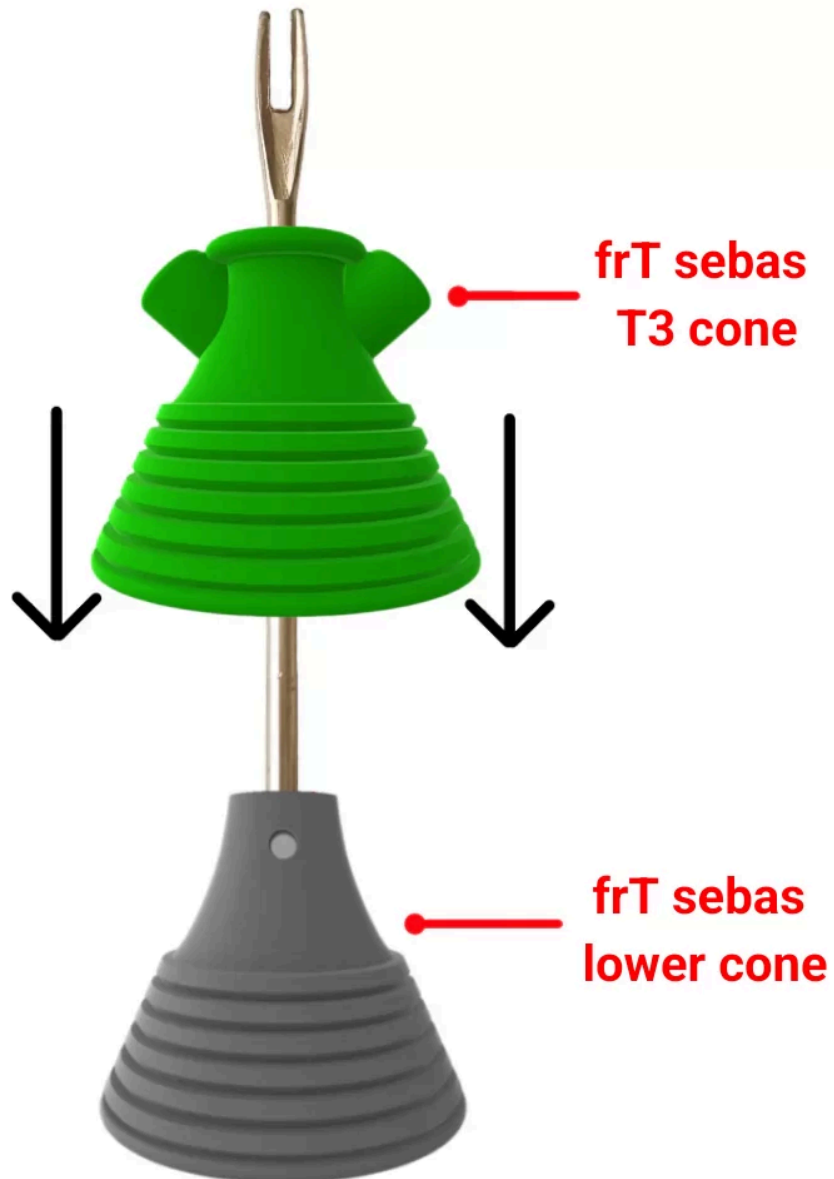
1. frT sebas T3 cone (1 piece)
2. frT sebas lower cone (1 piece)
3. Transparent holder (1 piece)
4. Metal bar (3 pieces)
5. Screw (2 pieces)
6. Thick rubber (2 pieces)
7. Thin rubber (8 pieces)

8. Softener rubber (4 pieces)

– Parts of the device –

In order to use the device, you must have knowledge of the parts of the device.

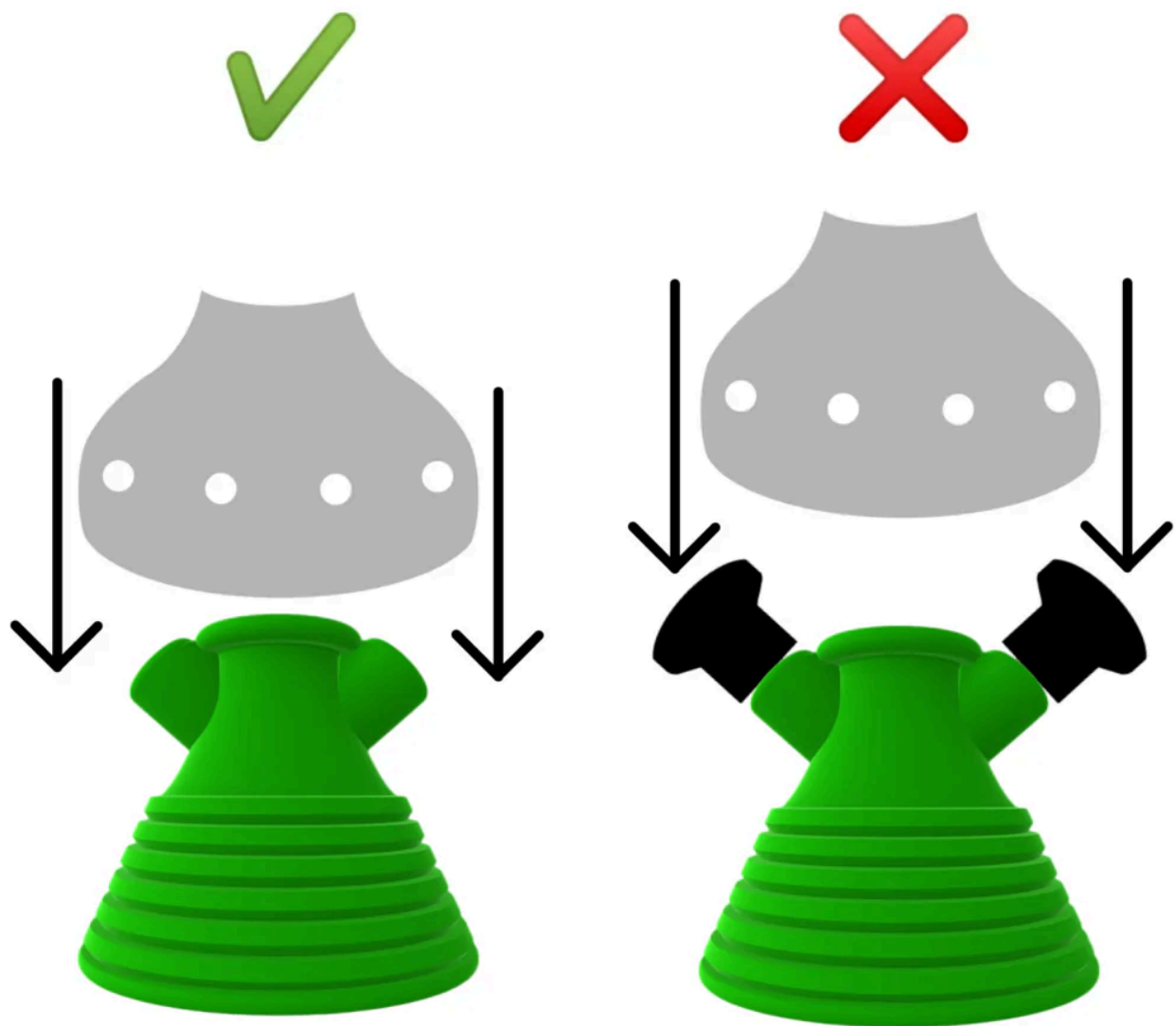
Cones



The device has two different cones. The *frT sebas lower cone* sits on the head of the penis while the device is attached and provides support for the bars from the head of the penis. The *frT sebas T3 cone*, which is attached to the lower cone, allows the skin of the penis to be fixed and tensioned.

Transparent holder and Screws

The transparent holder and screws are attached to the T3 cone. While the T3 cone is being prepared, the transparent holder must first be placed on the cone.



Because it is not possible to attach the transparent holder while the screws are attached to the cone. Therefore, the transparent holder is first attached to the T3 cone. Then the screws are attached to their places and the cone is made ready for use. Similarly, when the transparent holder is to be removed from the cone, the screws must first be removed and then the transparent holder must be removed.

Metal bars

The device is designed for different levels of restoration with 3 metal rods of different lengths.

▶ mini sebas



▶ **medium sebas**





LONG SEBAS USE

1. Beginner period (1. – 2. – 3. levels)
2. Middle period (4. – 5. – 6. levels)
3. Advanced period (7. – 8. – 9. – 10. levels)

In the beginning period, using mini sebas, in the middle period, using medium sebas, and in the advanced period, using long sebas is generally. However, which bar to use should be re-evaluated at each level transition, because which bar is appropriate for different levels of restoration may vary from person to person.

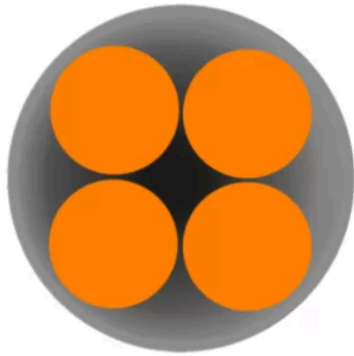
Softener rubbers

Softening rubbers are generally used in the beginning period. Since the sebas device provides support for the bars by applying pressure to the head of the penis, it is likely that the head of the penis will experience pain in the beginning period. It takes time for the body to start to tolerate the pressure that the device applies to the head of the penis.

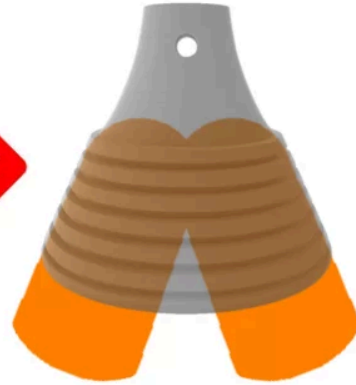
Therefore, softening rubbers can be used during this period until the head of the penis gets used to the pressure.

View from below

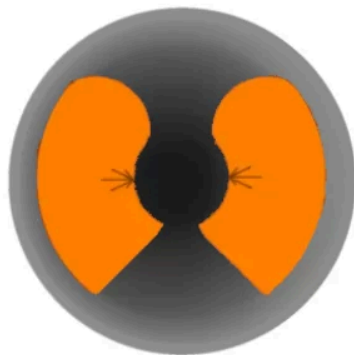
4'S PLACEMENT



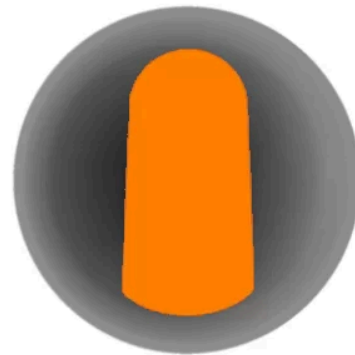
Inside view



2's placement

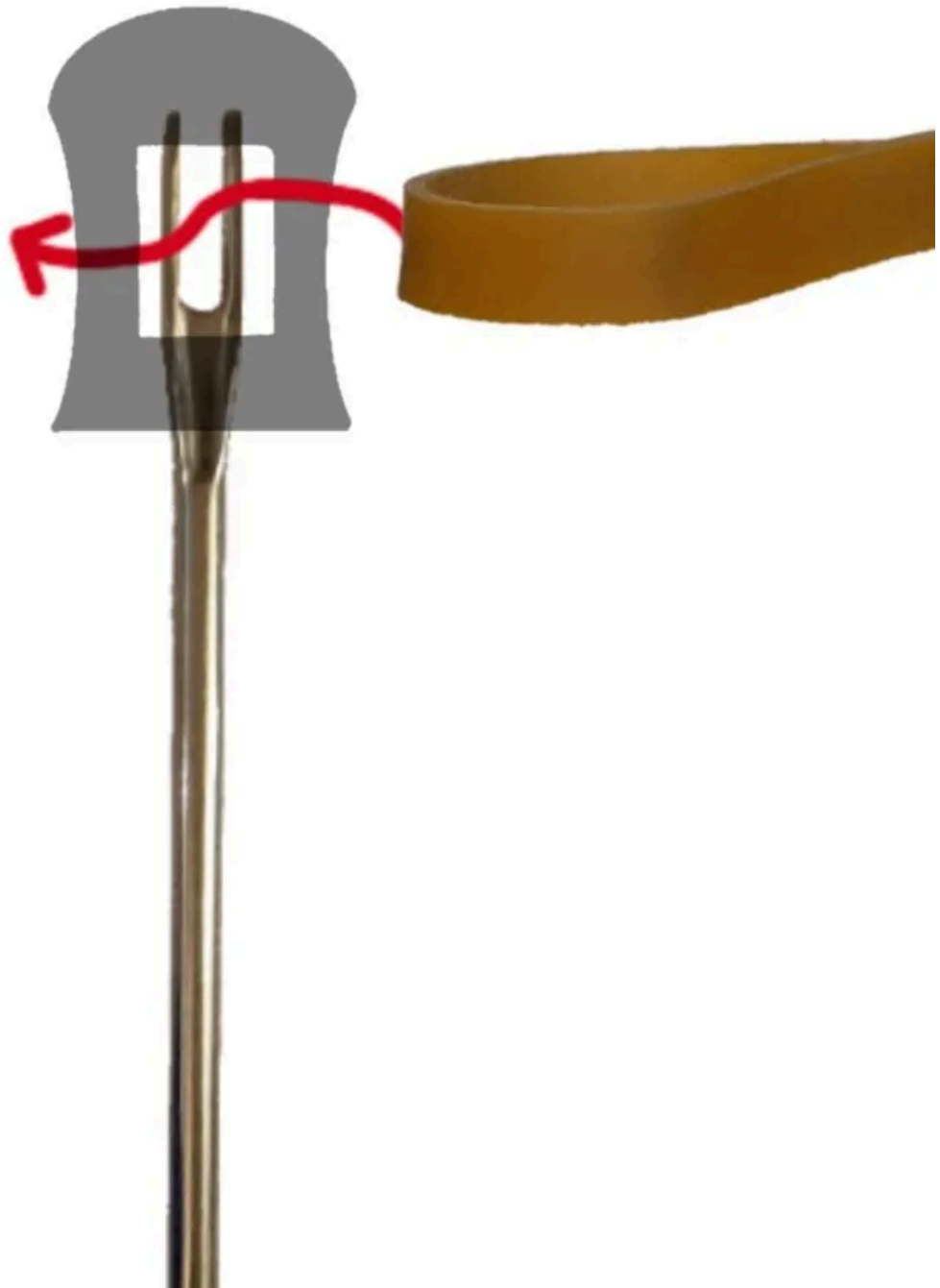


Single placement



Softening rubbers can be used in different quantities and placements depending on the need. Some examples of the placement of softening rubbers on the lower cone are seen in the visual.

Protective cap

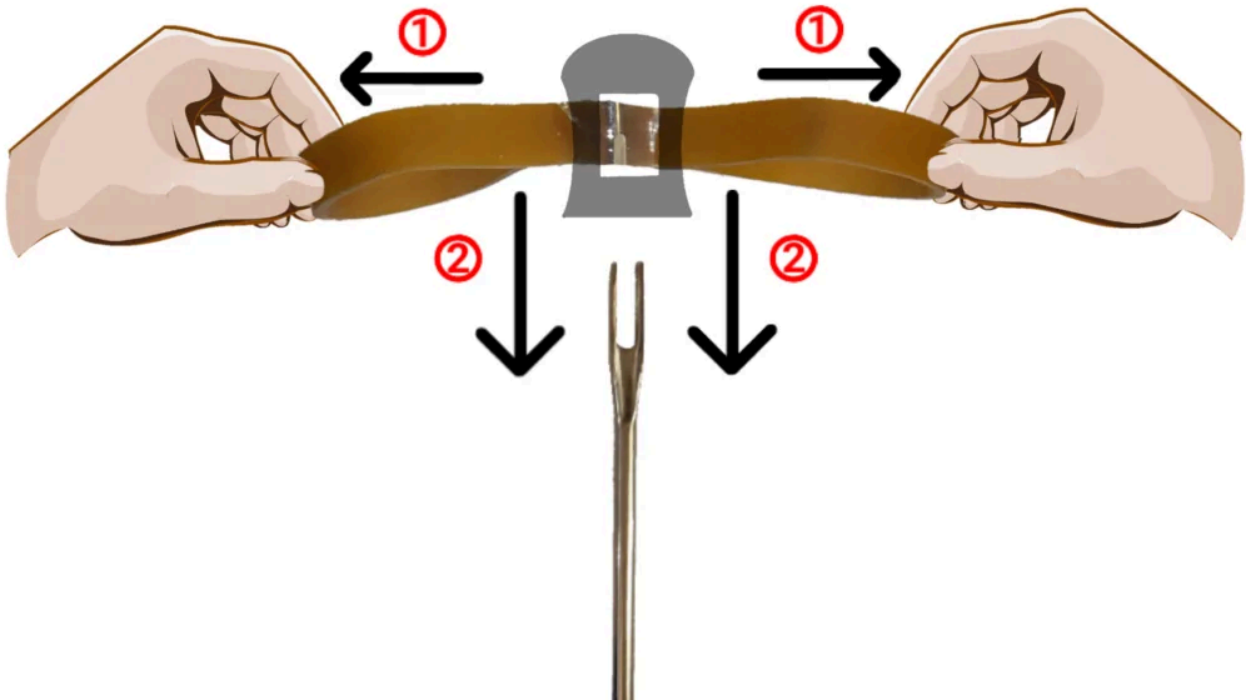


Unlike other devices, the frT sebas device is not suitable for use while moving. Because during physical movement, the metal bars of the device can be injurious and if care is not taken, it can have very serious consequences. For this reason, the frT sebas device should never be used while performing physical movements. The device should be used when stationary and a protective cap should be attached to the fork end of the metal bars to prevent any negative consequences of a physical movement that may occur due to external factors during this use. Thanks to the protective caps, the risk of damage from

the metal bars is minimized even when the device is used while stationary, making a safe restoration possible.

Fitting protective cap

The protective caps have 2 windows opposite each other. These windows are used to fit the rubbers attached to the fork of the bar into the protective cap.

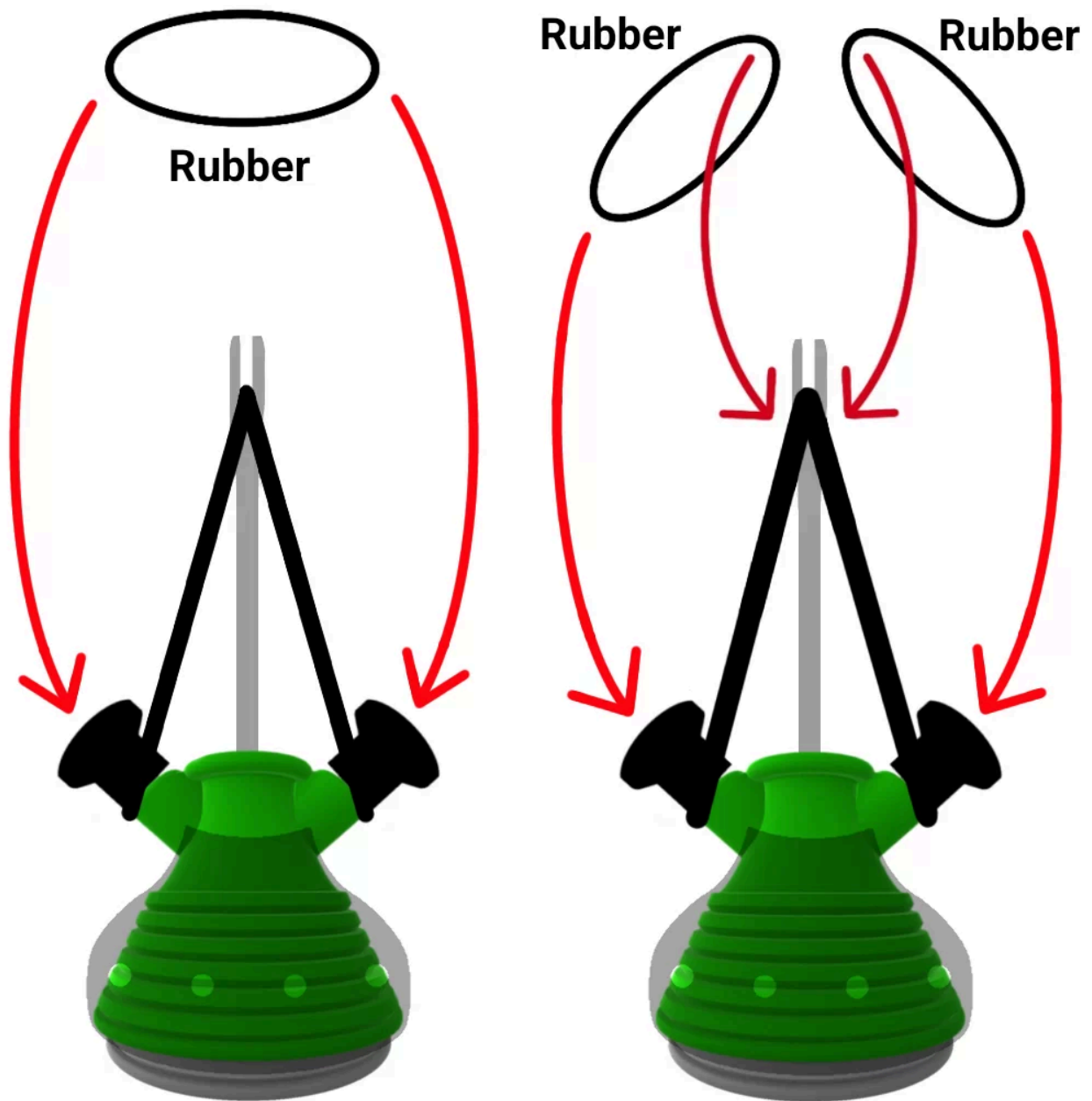


The rubbers are attached to the protective cap, which makes it possible to attach the protective cap to the bar and prevents the protective cap from falling off the bar during restoration. In this way, the protective caps are fixed to the fork end of the bar.

The steps for attaching the cap are as shown in the image. First, the rubber to be used is passed through the windows of the protective cap. Then, the part of the rubber that remains inside the protective cap is attached to the fork end and the process is completed.

Rubbers

There are 8 soft-thin rubbers and 2 hard-thick rubbers in the device. Soft rubbers can be used in the beginning period, and hard rubbers can be used in the advanced period. Both different bars and different rubbers can be used to achieve different levels of tension while using the device. However, unlike bars, rubbers have different ways of being used.



As can be seen in the image, rubbers have two basic types of use.

1. Attaching one rubber band to two screws (high tension)
2. Attaching two rubber bands to two screws (low tension)

These two different mounting methods can be applied together to obtain different combinations as desired. For example, it is possible to mount two rubbers in position 2 and then mount one rubber in position 1. Thus, a total of 3 rubbers can be mounted. Or both rubbers can be mounted in position 1.

– Things to consider when installing the device –

When attaching the bars to the lower cone, they should be held vertically to prevent the screw threads from wearing out.

1. **A**

mini sebas



Vertical

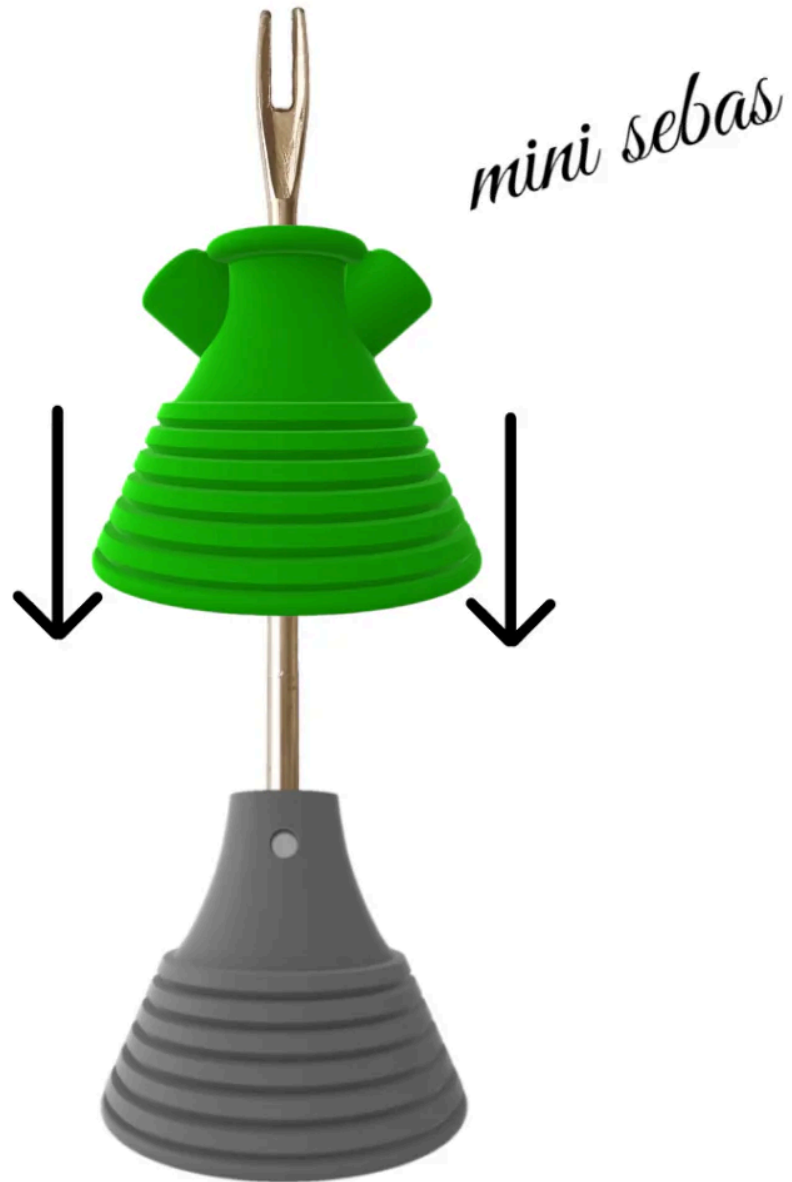


Curve



First, the bar should be attached to the lower cone and then the T3 cone should be passed onto the bar from the top.

1. B



– Cleaning and Maintenance –

The parts that need to be cleaned regularly in the frT sebas device are the cones, the transparent holder and the softening rubber. Because these parts are actively in contact with the penis during use of the device. Therefore, oil and dirt residues on the penis skin contaminate these parts over time. Especially the transparent holder can lose its grip over time due to the effect of dirt. Therefore, it must be cleaned regularly to maintain its function.

You can use water up to 40° Max when cleaning these parts. You can use a damp cloth to clean the device. You can also clean it under warm water with hand soap.